



# Asia Pacific Schools Initiative

2019



## Concluding Programme

Daily Documentation

## Day 1 – December 19, 2019

### Session 1: Welcome, recap and house rules

Saroj Thapa and Karishma Handa welcomed the participants to the concluding part of the second edition of the Asia Pacific School Initiative programme, 'Leadership through Serene Strength'. Saroj presented a recap of the programme with the focus on the learning framework and the process involved. She talked about important dates and discussed the schedule for the next four days in detail. Then, Karishma informed the participants about certain house rules regarding safety, emergency, medical care and logistics. After the presentations, participants were asked to sit in their project groups and work on their inter-country project.



## Session 2: Cultural performances

There were cultural performances by the SFX School (Bangladesh), The Royal Academy (Bhutan) and St. Mary's School (Delhi, India).



## Session 3: Facilitation

Saroj Thapa conducted a session on facilitation with the teachers. She explained why the process of facilitation needs to be neutral and unbiased. There was a discussion on ways to achieve a well-planned facilitation, which included making everyone comfortable; adhering to a structure where everyone is heard; and ensuring that members feel good about their contribution to the group. Saroj talked about characteristics of a good facilitator and the ground rules to becoming one. She also presented ways to encourage participation.

## Day 2 – December 20, 2019

### Session 1: Five areas of development

The day started with a meditation session conducted by Jie Ma.

Then, Manpreet Kaur of Vasant Valley School conducted a session on the Five Areas of Development – Cerebral, Social, Physical, Emotional, and Spiritual. She expressed the importance of identifying core components under each area. She explained that at Valley Valley School, the core components are:

- **Cerebral:** Communication, Domain Content Knowledge and Critical Thinking.
- **Emotional:** Self-awareness, Self-management, Social Awareness, Relationship Skills, Responsible Decision making and Self-motivation.
- **Physical:** Health, Hygiene, Diet and Nutrition and Awareness about changes in their body, about puberty and reproductive health.
- **Social:** Develop language skills, Build self-esteem, Strengthen learning skills, Resolve conflicts, and Establish positive attitude
- **Spiritual:** Awareness, Self-knowledge and Realization of the existence of a higher power – the Transcendence.

She asked the participants to reflect on their roadmaps and which areas they continue to struggle in. The group's response has been recorded below.

- Emotional, Physical – 14
- Spiritual – 7
- Cerebral – 6
- Social - 0

After the session, participants were asked to sit in their project groups and work on their inter-country projects.



## Session 2: Criteria for peer feedback

The session involved collectively creating a template for peer feedback on School Project and Group Project (inter-country project). Saroj led the discussion and noted the points suggested by the participants.

### Criteria for School Project:

- Relevance
- Skills and watermarks
- Impact
- Connection with learning experience
- Sustainability
- Challenges v/s outcome
- Involvement + connectivity
- Creativity/aesthetic/presentation
- Learning from the Project
- Did one meet the target
- Process, Time + People Management
- Uniqueness
- Fulfillment

### Criteria for Group Project:

- Collaboration/ feasibility
- Utilization of 20 minutes
- Evidence
- Plagiarism
- Organization
- Sustainability/replicability
- Journey-evolution-process
- Growth
- Context



### Session 3: Cultural performances

There were cultural performances by the DPS (UAE), Modern Indian School (Nepal), Panyaprateep School (Thailand) and Shiv Nadar School (Noida, India).

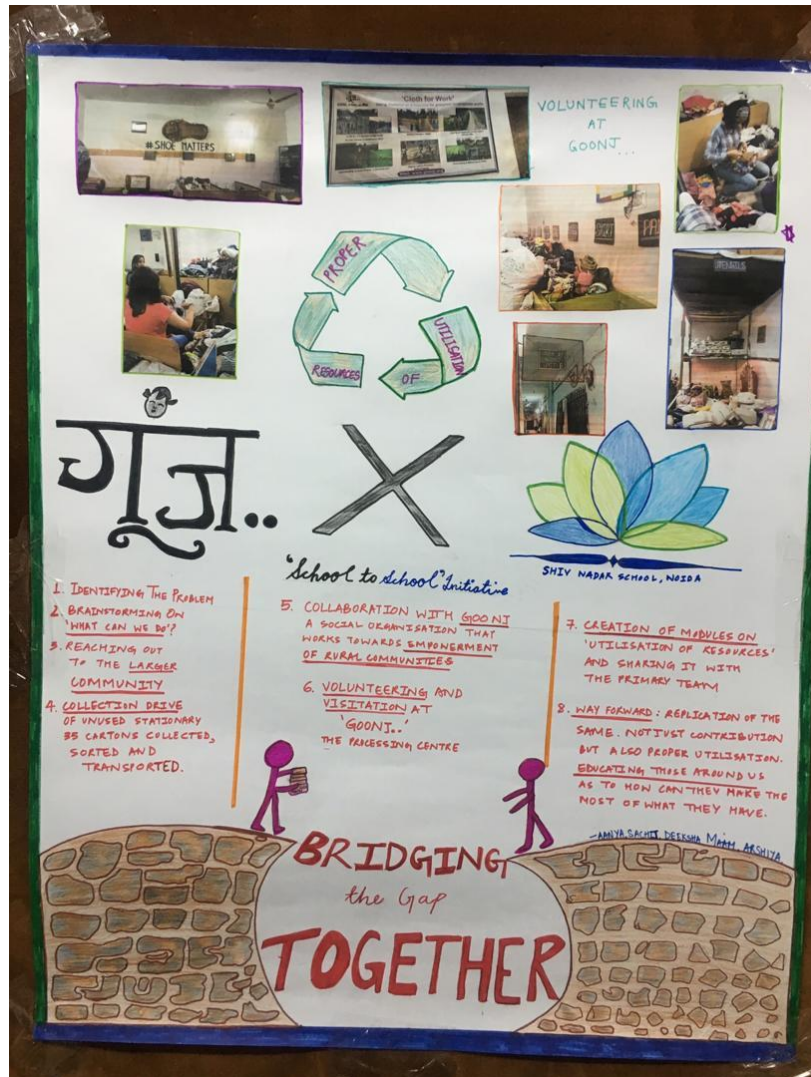


## Day 3 – December 21, 2019

### Session 1: School Project presentation

The day started with a meditation session conducted by Jie Ma.

Then, the participants were asked to present their School Project. Each school was asked to exhibit their project visually. The format was a gallery walk where participants took turns explaining their projects and their peers gave them feedback based on the criteria decided upon the previous day.





## Session 2: Group Project presentation (for feedback)

The participants were given the opportunity to present their Group (inter-country) Project for feedback from the instructors, teachers and peers. Each group under their individual themes took turns presenting their project based on the following topics:

Aesthetics Group – “Oneself, Culture and Environment”

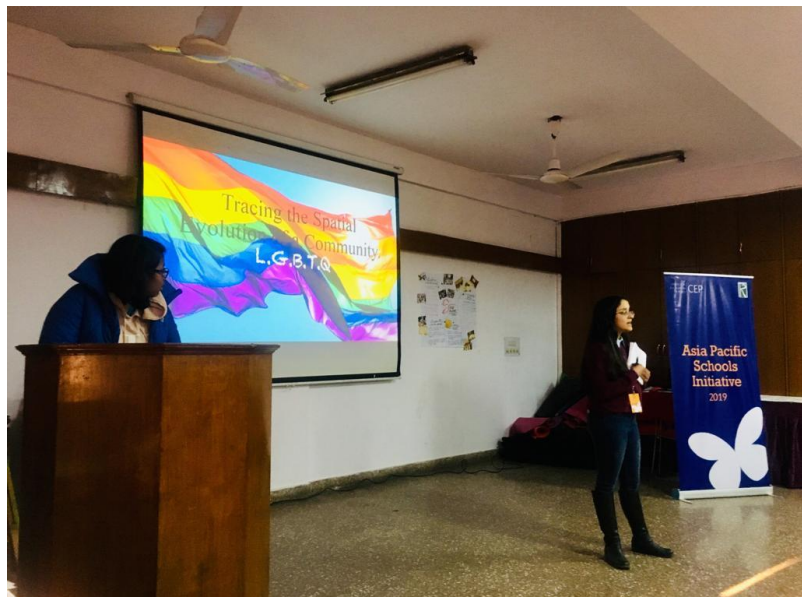
Economy & livelihood Group – “United we stand”

Philosophy Group – “Why the why’s”

Evolution of societies Group – “Tracing the spatial evolution of the LGBTQ community”

Environment Group – “Waste management”

In order to finetune their presentations, participants were asked to incorporate the feedback received and to think about the criteria for assessment decided upon the previous day.







### Session 3: Roadmaps

Then, Ram Dahal of The Royal Academy gave a presentation on Roadmaps. He explained that a roadmap is a plan of action that allows you to consciously track your own progress. It is an important tool for self-assessment that provides ownership/responsibility of one's growth as well as evidence of one's progress. He emphasized the importance of roadmaps being dynamic and explained how it can be used for professional as well as personal growth.

He explained that at The Royal Academy, the core components of roadmaps include:

- Areas of development
- Watermarks
- Skills
- Intervention/Processes
- Timeline
- Indicators of success

Ram concluded the presentation by stressing that roadmaps can be a powerful tool in actualizing one's potential as well as helping one become a good human being.

### Session 4: Cultural performances

There were cultural performances by the Vasant Valley School (Delhi, India), Habibia High School (Afghanistan), Tibetan Children's Village (Dehradun, India) and Pallavan School (Rajasthan, India).



## Day 4 – December 22, 2019

### Session 1: School Project feedback

The day started with a meditation session in Nehru park.

Then, Saroj Thapa asked the participants to reflect on the peer feedback that they have received for their School Project. Then, each school took turns presenting on the feedback received and the corresponding learning associated with it.



### Session 2: Leadership

Then, Deeksha Bhatia of Shiv Nadar School, Noida conducted a session on leadership through games and activities. Her games ensured that participants had to work in groups, listen carefully and build consensus; all of these were explained as traits of a good leader. One of her activities, 'Building a castle' pertained to showcasing three types of decision-making – Dictatorship, Laissez-faire and

Democracy – and leadership styles associated with each. She explained that a good leader has to be dynamic and act according to the context and situation at hand.



### Session 3: Group Project discussion and Sports

Then, participants were given time to reflect on the feedback received in order to finetune their Group (inter-school) Project. Saroj Thapa sat with each group to clarify doubts and help them with their presentations.

The day ended with physical activities and sports.





## Day 5 – December 23, 2019

The participants worked on their Group (inter-country) Project during the morning. The Valedictory Function began after lunch at 2 PM. The Chief guest for the function was His Excellency V. Namgyel, Ambassador of Bhutan to India.

During the function, each of the group showcased their presentation under their respective themes (Aesthetics, Economy & Livelihood, Philosophy, Evolution of Societies, and Environment). The presentations were interspersed with cultural performances by the participants. The Chief guest and special guests, Arun kapur and Vikram Doraiswami addressed the participants during the function.

The Valedictory Function concluded with the certificate ceremony, followed by High Tea.



